



THIS WEEK 17-21 AUGUST 2020



ROAD RAGE

It's hard to drive today without occasionally being exposed to some form of road rage. When you're behind the wheel, you can choose not to engage and try to distance yourself from an aggressive driver. But what about when you're a passenger?



SWIMMING OVERCONFIDENCE

I remember being dragged across the bottom. For some reason, my fish-like swimming skills weren't strong enough to get me back to the surface. After what felt like an eternity, I kicked my way to the surface and struggled to shore.



NEEDLESS RISKS

Many times in a deployed environment, things that were once high on the priority list are moved toward the bottom. This can be broken down to two simple reasons: time and threat. We hurry due to whatever the circumstances.

PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A family of information technology systems that underpins the Army Safety and Occupational Health Management System.



Great resource for finding a local riding association, and learning to be a safer rider.



An interactive, easy-to-use, automated system designed to assist users with the application of risk management.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-Duty Safety Awareness Presentation.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.

Make fall safety a priority



MISHAP BRIEFS

WATER-RELATED

A Private First Class assigned to Fort Campbell, Kentucky, died in an off-duty water-related mishap in Dover, Tennessee, at 1245 local. A group of Soldiers were swimming when one of them began struggling after entering the water from a rope swing. Another Soldier attempted to help, but the Soldier never resurfaced. Within 10 minutes, the other Soldiers alerted local authorities, who organized a search-and-rescue mission with three sonar-equipped boats in the vicinity of where the missing Soldier was last seen. The Soldier's body was recovered the following morning.

Since FY16, the Army has lost an average of eight Soldiers a year to off-duty water-related mishaps.



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MATERIAL HANDLING is a leading cause of injuries in the Army

If you can use material handling equipment rather than lifting, then do!

It is always preferable to use appropriate equipment to the task at hand than to put the strain on your body and increase your chance of injury.

If you need to lift an object manually, then use the right type of lift for the job and the proper lifting technique including:

- ✓ BASIC LIFT
- ✓ OVERHEAD LIFT
- ✓ PIVOT LIFT
- ✓ TEAM LIFT
- ✓ TRIPPOD LIFT



To view these lifting techniques and for more material handling resources, visit our Workplace Safety homepage at: <https://safety.army.mil/ON-DUTY/Workplace.aspx>



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