



## THIS WEEK 3-7 AUGUST 2020



### WEAPONS HANDLING

As a trained police professional with a strong military background — both Army and Marine Corps — I am very familiar with the safety protocols associated with firearms and weapons handling. I have always considered myself to be a responsible gun owner and operator, which is what makes the event I'm about to describe all the more shocking.



### LIFE JACKETS

Life jackets are more comfortable than ever, and there are many different styles specifically designed for every type of water activity. With that being said, there's now no excuse not to wear one.



### WORKPLACE EYEPRO

Eye injuries in the workplace are a common occurrence. The National Institute for Occupational Safety and Health estimates that every day about 2,000 U.S. workers suffer job-related eye injuries requiring medical treatment.

## PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A family of information technology systems that underpins the Army Safety and Occupational Health Management System.



Great resource for finding a local riding association, and learning to be a safer rider.



An interactive, easy-to-use, automated system designed to assist users with the application of risk management.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-Duty Safety Awareness Presentation.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.

### DID YOU KNOW?

Do you want to start receiving U.S. Army Combat Readiness Center safety products — such as the weekly **KNOWLEDGE** newsletter and Preliminary Loss Reports — via email? If so, just click the **subscribe to safety products** box at the bottom of this newsletter and select which products you'd like to receive.



## MISHAP BRIEFS

### PMV-4

A Private First Class assigned to Fort Campbell, Kentucky, died in a PMV-4 mishap in Trigg County, Kentucky, at 0430 local. The Soldier was riding as a passenger in another Soldier's private motor vehicle when the driver lost control in a turn and struck a tree, causing the vehicle to overturn. He was pronounced dead at the scene. The Soldier operating the vehicle was taken into custody on multiple charges, including driving under the influence.

**The relaxation of COVID restrictions is exposing Soldiers to an increase in off-duty risks. What are you doing to prevent young Soldiers from driving under the influence at 0430 in the morning?**



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### Common causes of Manual Material handling injuries

- ✓ POOR BODY MECHANICS INCLUDING:
  - Improper lifting techniques
  - Posture, changing positions, twisting
  - Repetitive motion injuries
- ✓ REPETITIVE MOTION INJURIES
- ✓ IMPROPER STACKING AND STORING OF MATERIALS
- ✓ POOR HOUSEKEEPING

To view proper lifting techniques and for more material handling resources, visit our Workplace Safety homepage at:

<https://safety.army.mil/ON-DUTY/Workplace.aspx>



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## WATCH THIS



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