



## THIS WEEK 11-15 JANUARY 2021



### HAZARD PREVENTION AND CONTROL

Effective controls of workplace hazards protect workers; help avoid injuries, illnesses and incidents; minimize or eliminate safety and health risks; and help leaders provide safe and healthful working conditions. To effectively control and prevent hazards, units need to follow these six simple steps.



#### SLIPPERY ROADS

After spending six years in Alaska, I thought winter driving at Fort Drum, New York, would be a snap. After all, I'd seen my share of accidents and figured I was prepared for anything. It only took a week to show me I was wrong.



#### IIMC

There may come a time when no one is available to help you make the right decision. That's when your memory, skills and training will get you home safely. If you're a pilot, I urge you to invest time to thoroughly study your manuals.

## PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A family of information technology systems that underpins the Army Safety and Occupational Health Management System.



Great resource for finding a local riding association, and learning to be a safer rider.



An interactive, easy-to-use, automated system designed to assist users with the application of risk management.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-Duty Safety Awareness Presentation.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.

### DID YOU KNOW?

## Don't get benched by injury!



## MISHAP BRIEFS

### PMV-2

A Sergeant First Class assigned to Fort Campbell, Kentucky, died in a PMV-2 mishap in Clarksville, Tennessee, at 1450 local. The Soldier was operating his motorcycle with a civilian passenger when a tire detached from another vehicle and struck him. The Soldier and passenger were transported to a local health care center via Life Flight, where he was pronounced dead upon arrival. The Soldier was wearing all required personal protective equipment and completed all mandatory Motorcycle Safety Foundation courses.

Road hazards are a common cause of motorcycle accidents. Things that have little effect on a car, such as debris, uneven road surfaces, small objects or wet pavement, can cause a motorcycle to crash. Motorcyclists should understand what constitutes a hazard, be alert for such dangers and take precautions to avoid them.



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### Beat the Silent Killer: make sure your household is safe from carbon monoxide poisoning



#### Carbon Monoxide: The Facts

- What is it? A gas that is:**
  - Odorless
  - Colorless
  - Tasteless
- Who is at risk?**
  - Carbon Monoxide can affect anyone including pets
- Where is it in my home?**
  - Space Heaters
  - Ducted Heating Systems
  - Hot Water Systems
  - Gas Ovens
  - BBQs
- Symptoms:**
  - Not every single symptom will always be present
  - Headaches
  - Nausea
  - Dizziness
  - Breathlessness
  - Collapse and loss of consciousness
- Tips:**
  - Install a CO alarm
  - Ventilation is key
  - Chimney checks

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## WATCH THIS



### AVOID WINTER SLIPS, TRIPS AND FALLS

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